

Level 2 Health and Safety in the Workplace

This qualification will benefit anyone in a work environment, as it provides candidates with an understanding of health and safety that will enable them to contribute to any risk assessment based health and safety management system.



*'Helping you deliver
a duty of care'*

Phone: 01524 220 221

Who Should Attend

This qualification is suitable for all employees and gives a basic knowledge of health and safety issues within the general workplace.

Learning Outcomes

By the end of this course delegates should be able to understand:

- Health and safety requirements placed on employers and employees
- Hazard and risk and the main causes of harm to workers
- Health, safety and welfare provisions in the workplace
- The importance of following safe systems of work, procedures and rules
- Hazards and controls in respect to both safety and occupational health risks
- How their own actions can reduce risks to health and safety.

Course Content

Delegates will receive training in the following subjects:

- Legislation
- Health
- Safety
- Welfare
- The workplace and workplace equipment
- Risk assessment
- Manual handling
- Hazardous substances
- Ergonomics and workstation design
- Transport and vehicles
- Noise and vibration

Course Duration

The course is 1 day in duration (6 hours + exam)

Assessment Method & Certification

The assessment will be by the completion of a multiple choice question examination at the end of the course. On successful completion of the course, delegates will receive a certificate of competence, which is valid for 3 years.

Candidates wishing to obtain a Nationally Accredited Certificate would sit the exam for the relevant Awarding Body (for the additional price of the certification and exam fee of the Awarding Body).

For this Qualification we can currently offer certification from the following Awarding Bodies:

CIEH (The Chartered Institute of Environmental Health)