

# Level 2 Emergency First Aid at Work

This qualification will benefit anyone requiring the minimum level of first aid training for the workplace, most appropriate for smaller environments that present few health and safety risks. This course is recognised by the Health & Safety Executive as the approved one-day course, qualifying first aiders for low risk environments.



*'Helping you deliver  
a duty of care'*

Phone: 01524 220 221

## Who Should Attend

This qualification is suitable for anyone wanting to gain an introduction to workplace First Aid and qualifying as a first aiders for low risk environments.

## Learning Outcomes

By the end of this course delegates should be able to understand:

- the roles and responsibilities of a first aider
- the legal requirements for first-aid provision
- the importance of accurate incident reporting
- first-aid equipment and its safe use
- the need to minimise the risk of infection
- the importance of assessing an incident
- how to undertaking a primary survey
- when and how to call for help.

And be able to demonstrate how to administer first aid to a casualty who is:

- unconscious
- not breathing
- choking
- bleeding from a wound
- in shock.

## Course Content

Delegates will receive training in the following subjects:

- The role of the First Aider including the importance of recording incidents and actions
- Aims and principles of First Aid
- Action at an emergency
- Management of an unconscious casualty
- Cardio Pulmonary Resuscitation
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- Treatment of minor injuries including cuts, grazes, bruises, minor burns and small splinters
- The importance of preventing cross infection
- The use of first aid equipment

## Course Duration

The course is 1 day in duration (6 hours + exam)

## Assessment Method & Certification

The assessment will be by the completion practical assessments during the course and a multiple choice question examination at the end of the course. On successful completion of the course, delegates will receive a recognised Ofqual Accredited certificate of competence, which is valid for 3 years.

Candidates wishing to obtain a Nationally Accredited Qualification would sit the exam for the relevant Awarding Body.

For this Qualification we can currently offer certification from the following Awarding Bodies:

### Qualsafe Awards

**CIEH (The Chartered Institute of Environmental Health)**

**Web site: [www.AffinitiPro.co.uk](http://www.AffinitiPro.co.uk)**

**Email: [info@AffinitiPro.co.uk](mailto:info@AffinitiPro.co.uk)**

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