

Basic Life Support Course

This is a half day course and is for anyone who wants to learn Basic Life Support. This course shows how some simple procedures really can save someone's life.



*'Helping you deliver
a duty of care'*

Phone: 01524 220 221

Who Should Attend

Anyone wishing to learn the simple skills that really can save someone's life. The course is suitable for anyone wanting to gain an introduction to First Aid and the minimum occupational requirement for anyone working in the care sector (although the 1 Day EFAW would be better).

Learning Outcomes

By the end of this course delegates should be able to understand:

- the importance of assessing an incident
- how to undertaking a primary survey
- when and how to call for help.

And be able to demonstrate how to administer first aid to a casualty who is:

- unconscious
- not breathing

Course Content

Delegates will receive training in the following subjects:

- Aims and principles of First Aid
- Action at an emergency
- Management of an unconscious casualty
- Cardio Pulmonary Resuscitation

Course Duration

The course is ½ day in duration (3 hours)

Assessment Method & Certification

The assessment will be by the completion of the practical demonstration of dealing with an unconscious and unconscious not breathing casualty. On successful completion of the course, delegates will receive a certificate of competence, which is valid for 3 years.